

This is very important information regarding the American Academy of Facial Esthetics Level I Hands-On Botulinum Toxin Training course.

Please read all information carefully.

Level I Botulinum Toxin Training Course

We need some important information before you attend the course.

Please fill out the Reservation Form provided at the bottom of this document and submit along with a copy of your current state practicing license and the declarations/ cover page of your malpractice insurance.

Please fax or email these items to: _____

Fax: 216-395-0110 or 216-672-5230 Email: Info@FacialEsthetics.org

***If you have any questions about the course, please call: 800.952.0521 Ext. 102 or via email.

Here is the agenda for the course which will cover Botulinum Toxin training:

Registration	7:30 AM	Please be prompt
Botulinum Toxin Intro	8:00 AM	
Live Patient Botulinum Toxin	8:30 AM-12:00 PM	

**Patients will not be allowed in the course until 9AM.

Team Members

We still have availability for you to bring additional staff members with you to the course.

In order to attend as a team member, your team members must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.

AAFE Members - your first team member is FREE. All other team members admission cost is \$395 per person. Payment is required even if the team member sitting in on the course is your model patient. Please let us know as soon as possible if you plan to bring any additional team members.

Model Patients

For the best learning experience, please bring your own model patients. If need be, it is likely that you will find a model patient at the course. You can bring up to 2 patients per day. Please let your model patients know that they must be available for approximately 3-4 hours, as this is a teaching course.

Attendees are solely responsible for treatment of their patients at this course. You will treat your patient as you would in your office.

The hands-on portion of the course will be arranged in Groups A, B and C and is dependent on meeting size. Groups will be determined the morning of the meeting. Patients should arrive when the hands-on portion of the course begins or when you have a better understanding of what group you are in. If you choose not to bring a model patient, you may observe the hands-on portion of the course. You may also find a patient at the course.

Checklists for Botulinum Toxin® Training Course

Please bring the following:

- Digital camera to document patient prior to injections. (Camera phones work also)
- Loupes/headlights if you use them in your practice.

We have botulinum toxin for purchase at the course. Each vial can be used for approximately 2-4 patients depending on the treatment needs of the patients.

Syringes will be provided.

Pre-Ordering Instructions for Botulinum Toxin (Botox/Xeomin) Therapeutic Course:

- Xeomin may be purchased from STATDDS by opening an account with them. STATDDS can be reached at (800) 693-9076. STATDDS will open an account for you. Xeomin is approximately \$100 less expensive than Botox.

- o Botox Botox may be purchased by creating an account with Allergan, the makers of Botox, and ordering through the AAFE. For product ordering please contact Michael@facialesthetics.org or call 800-952-0521 Ext. 113. Please note Botox and Xeomin comes in vials of 50 and 100 units.
- o We suggest purchasing at least one vial of Botox or Xeomin 100 units – generally this is enough for 2 – 3 patients.
- o Botox will be delivered to you in a freeze pack. Place this your freezer until you are ready to use. Xeomin is delivered to you at room temperature and does require any special storage instructions until it has been reconstituted.
- o If you are attending the AAFE Frontline TMJ/Orofacial Pain Course, it is recommended to bring an additional vial of Xeomin or Botox.

Pre-Ordering Instructions for the Dermal Filler Training Course:

- o Belotero Balance may be purchased from STATDDS by opening an account with them. STATDDS can be reached at (800) 693-9076. STATDDS will open an account for you.
- o Juvederm Ultra and Juvederm Ultra XC may be purchased by creating an account with Allergan, the makers of Botox, and ordering through the AAFE. For product ordering please contact Michael@facialesthetics.org or call 800-952-0521 Ext. 113. Please note when ordering Botox, you will purchase Botox, not Botox Cosmetic.
- o Belotero Balance, Juvederm Ultra and Ultra XC come in 1ml syringes and can only be used on one patient. Costs vary.
- o We suggest purchasing at least two syringes of Belotero Balance and two syringes of Juvederm Ultra XC or Juvederm Ultra Plus XC. This will allow you to practice on two patients. Any dermal filler syringe not used can be used for your next patients.

Here are some tips for choosing a model patient for the Botulinum Toxin Training course:

The facial areas that are ideal to treat with botulinum Toxin® are: forehead lines when the patient makes a “surprised” expression, the frown lines between the eyes when the patient makes a “mad” facial expression and the “crow’s feet” lines at the corner of the eyes.

Additional considerations are as followed:

- The model patient should have light to moderate lines- these are the best patients to train on.
- If your patient has TMJ and/or bruxism, these areas will be addressed as well.
- The patient should be healthy, with no active skin infections, and have a clean medical history.
- Patients with neurological, autoimmune, and immunological diseases are not ideal candidates, as well as people with long term systematic diseases.
- Patients, who bruise easily, because of medications or other disease processes, may not be good candidates.
- The model should not be needle phobic.
- The model patient may have some swelling and/or bruising after treatment. We recommend that the model patient not have any important life events occurring within two weeks of treatment.

Please review and share the following list of pre-operative instructions with each of your model patients.

Botulinum Toxin Pre-Treatment Instructions:

In an ideal situation, it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result and/or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

- Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood which will increase the risk of bruising.
- Avoid anti-inflammatory or blood thinning medications ideally, for a period of two weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John's Wart, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.
- Schedule botulinum Toxin® appointment at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

Every model patient must sign an informed consent prior to treatment. Consents will be provided at each course and there will be no exceptions.

We have the right to refuse treatment to any patient.

If you have any questions about your patient, please email Dr. Malcmacher at Drlouis@FacialEsthetics.org.

IMPORTANT: Cancellation Policy

Registration is fully refundable only if course is canceled by The American Academy of Facial Esthetics. We reserve the right to cancel a course for any reason and cannot be responsible for hotel deposits or non-refundable airline tickets or other associated fees. Hotel locations may change depending on circumstances beyond our control. No refunds for online courses. We take no responsibility regarding state medical or dental board requirements. Participants are responsible for determining whether they are able to perform these procedures at our courses and in their own practices. We are not responsible for decisions or changes made by state medical/dental board about their state practice acts prior to our courses. Registration is also fully refundable no later than 5 PM same date one month before course minus \$775 handling fee. No refunds after same date one month before the first course that you registered for. At our discretion, you may be able to change to another date and location but there will be no refund available should you cancel out of that course or fail to show up.

This is very important information regarding the American Academy of Facial Esthetics Level I Hands-On Dermal Filler Training course.

Please read all information carefully.

Level I Dermal Filler Training Course

We need some important information before you attend the course.

Please fill out the Reservation Form provided at the bottom of this document and submit along with a copy of your current state practicing license and the declarations/ cover page of your malpractice insurance.

Please fax or email these items to: _____

Fax: 216-395-0110 or 216-672-5230 Email: Info@FacialEsthetics.org

***If you have any questions about the course, please contact us by calling 800.952.0521 Ext. 703 or via email.

Here is the agenda for the course which will cover Dermal Filler training:

Dermal Intro 1:00 PM
Live Patient Dermal 1:30 PM-5:00 PM

**Patients will not be allowed to enter the course until 1:30PM.

Team Members

We still have availability for you to bring additional staff members with you to the course.

In order to attend as a team member, your guests must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.

AAFE Members - your first team member is FREE. All other team members admission cost is \$395 per person. Payment is required even if the team member sitting in on the course is your model patient. Please let us know as soon as possible if you plan to bring any additional team members.

Model Patients

For the best learning experience, please bring your own model patients. If need be, it is likely that you will find a model patient at the course. You can bring up to 2 patients per day. Please let your model patients know that they must be available for approximately 3-4 hours, as this is a teaching course.

The hands-on portion of the course will be arranged in Groups A, B and C and is dependent on meeting size. Groups will be determined the morning of the meeting. Patients should arrive when the hands-on portion of the course begins or when you have a better understanding of what group you are in. If you choose not to bring a model patient, you may observe the hands-on portion of the course. You may also find a patient at the course.

Checklists for Dermal Filler Training Course

Please bring the following:

- Two sterilized dental anesthetic syringes. (Needles will be provided)
- Your preferred local anesthetic.
- Digital camera to document patient prior to injections. (Camera phones work also)
- Loupes/headlights if you use them in your practice.

You will need to purchase one syringe of dermal filler material. Each pre-filled syringe can only be used on one patient. We will be using hyaluronic acid products (such as Juvederm Ultra XC and Juvederm Ultra Plus XC) in this course. Costs vary.

Pre-Ordering Instructions for Botulinum Toxin (Botox/Xeomin) Therapeutic Course:

- Xeomin may be purchased from STATDDS by opening an account with them. STATDDS can be reached at (800) 693-9076. STATDDS will open an account for you. Xeomin is approximately \$100 less expensive than Botox.
- Botox Botox may be purchased by creating an account with Allergan, the makers of Botox, and ordering through the AAFE. For product ordering please contact Michael@facialesthetics.org or call 800-952-0521 Ext. 113. Please note Botox and Xeomin comes in vials of 50 and 100 units.
- We suggest purchasing at least one vial of Botox or Xeomin 100 units – generally this is enough for 2 – 3 patients.

- Botox will be delivered to you in a freeze pack. Place this your freezer until you are ready to use. Xeomin is delivered to you at room temperature and does require any special storage instructions until it has been reconstituted.
- If you are attending the AAFE Frontline TMJ/Orofacial Pain Course, it is recommended to bring an additional vial of Xeomin or Botox.

Pre-Ordering Instructions for the Dermal Filler Training Course:

- Belotero Balance may be purchased from STATDDS by opening an account with them. STATDDS can be reached at (800) 693-9076. STATDDS will open an account for you.
- Juvederm Ultra and Juvederm Ultra XC may be purchased by creating an account with Allergan, the makers of Botox, and ordering through the AAFE. For product ordering please contact Michael@facialesthetics.org or call 800-952-0521 Ext. 113. Please note when ordering Botox, you will purchase Botox, not Botox Cosmetic.
- Belotero Balance, Juvederm Ultra and Ultra XC come in 1ml syringes and can only be used on one patient. Costs vary.
- We suggest purchasing at least two syringes of Belotero Balance and two syringes of Juvederm Ultra XC or Juvederm Ultra Plus XC. This will allow you to practice on two patients. Any dermal filler syringe not used can be used for your next patients.

Here are some tips for choosing a model patient for the Dermal Filler Training course:

The facial areas that are ideal to treat with dermal fillers are the nasolabial folds (lines from the corner of the mouth to the corner of the nose), marionette lines (lines from the corner of the lips that go down the face toward the jaw line), and uplifting the corners of the lips. Lip enhancement may be done on a patient that would like to increase the fullness of their lips. Additional considerations are as followed:

- The model patient should have light to moderate folds - these are the best patients to train on.
- The model patient should be easy to anesthetize and be able to tolerate local dental anesthesia.
- The patient should be healthy, with no active skin infections, and have a clean medical history.
- Patients with neurological, autoimmune and immunological diseases are not ideal candidates, as well as people with long term systematic diseases.
- Patients, who bruise easily, because of medications or other disease processes, may not be good candidates.
- The model should not be needle phobic.
- The model patient may have some swelling and/or bruising after treatment. We recommend that the model patient not have any important life events occurring within two weeks of treatment.

Please review and share the following list of pre-operative instructions with each of your model patients.

Dermal Filler Pre-Treatment Instructions:

In an ideal situation, it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result and/or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

- Let us know if you are prone to cold sores- a pre-operative medication may help prevent cold sores after treatment.
- If you develop a cold sore, blemish, or rash, etc. prior to your appointment, you must reschedule.
- Discontinue Retin-A (2) two days before and (2) two days after treatment.
- Avoid anti-inflammatory or blood thinning medications ideally, for a period of two weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John's Wart, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.

- Schedule appointments at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

Every model patient must sign an informed consent prior to treatment. Consents will be provided at each course and there will be no exceptions.

We have the right to refuse treatment to any patient.

All course completion certificates and continuing education credits will be awarded to attendees when all course tuition, team member verification, and course/product fees have been reconciled.

If you have any questions about your patient, please email Dr. Malcmacher at Drlouis@FacialEsthetics.org.

IMPORTANT: Cancellation Policy

Registration is fully refundable only if course is canceled by The American Academy of Facial Esthetics. We reserve the right to cancel a course for any reason and cannot be responsible for hotel deposits or non-refundable airline tickets or other associated fees. Hotel locations may change depending on circumstances beyond our control. No refunds for online courses. We take no responsibility regarding state medical or dental board requirements. Participants are responsible for determining whether they are able to perform these procedures at our courses and in their own practices. We are not responsible for decisions or changes made by state medical/dental board about their state practice acts prior to our courses. Registration is also fully refundable no later than 5 PM same date one month before course minus \$775 handling fee. No refunds after same date one month before the first course that you registered for. At our discretion, you may be able to change to another date and location but there will be no refund available should you cancel out of that course or fail to show up.

RESERVATION FORM FOR FACIAL ESTHETICS COURSE- LEVEL 1

Please be sure to read all pre-course information prior to completing this form.

Name as you would like it to appear on your certificate: _____

Course Dates and City Location _____

Attending Team Members

In order to attend as a team member, your guests must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.

Please note Team Member info only- Patients do not need to be reported.

1. _____ Botulinum Toxin/Dermal Filler
2. _____ BotulinumToxin/DermalFiller

Botulinum Toxin and Dermal Fillers will be available for purchase at the course.

****We accept credit cards only****

Please fax or email this form along with license and malpractice insurance.

FAX # 216-395-0110 or 216-672-5230

Email: Info@FacialEsthetics.org