AAFE Frontline TMJ, Headache and Orofacial Pain Therapy Course

Please read this important information carefully

We need some important information before you attend the course.

Please fill out the Reservation Form provided at the bottom of this document and submit along with a copy of your current state practicing license and the declarations/cover page of your malpractice insurance.

Please fax or email these items to Lindsay Woods at:

Fax: 216-395-0110 or 216-672-5230      Email: Lindsay@FacialEsthetics.org

***If you have any questions about the course, please contact Lindsay Woods by calling 800-952-0521 Ext. 702 or via email.

Here is the agenda for the Frontline TMJ, Headaches and Orofacial Pain Therapy:

Registration                   12:30 PM       Please be prompt
Intro                           1:00 PM
Live Patient Session           1:30 PM – 5 PM

Attendees will learn a number of therapies including trigger point injections which can be used with different pharmaceutical agents such as lidocaine and Botulinum Toxin. Trigger point injection techniques are the same no matter which agent is injected. Healthcare professionals may only inject those pharmaceutical agents in which they have previous training in. If you decide to use Botulinum Toxin at the course and have not taken the AAFE’s Level I Botulinum Toxin course but have Botulinum Toxin training, then you will be required to submit your previous Botulinum Toxin course credentials to Theresa@FacialEsthetics.org or you may fax it to 216-395-0110 prior to the course date.

Should you have any questions, please contact Theresa Stoffer at 800-952-0521 Ext: 701.

Team Members

We still have availability for you to bring additional staff members with you to the course. In order to attend as a team member, your team members must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified
through the state boards and full tuition will be charged if this policy is not carried out.

AAFE Members - your first team member is FREE. All other team members admission cost is $395 per person, per session. Payment is required even if the team member sitting in on the course is your patient. Please let us know as soon as possible if you plan to bring any additional team members.

**Model Patients**

For the best learning experience, please bring your own patients. You can bring up to 2 patients per session. Please let your patients know that they must be available for approximately 3-4 hours, as this is a teaching course.

Attendees are solely responsible for treatment of their patients at this course. You will treat your patient as you would in your office.

The hands-on portion of the course will be arranged in Groups A, B and C and is dependent on meeting size. Groups will be determined the morning of the meeting. Patients should arrive when the hands-on portion of the course begins or when you have a better understanding of what group you are in. If you choose not to bring a patient, you may observe the hands-on portion of the course.

**Checklists for Frontline TMJ/Orofacial Pain Training Course - Please bring the following:**

- Digital camera for patient documentation. (Camera phones will work too)
- Loupes/headlights if you use them in your practice
- Botox and Sodium Chloride Bacteriostatic Solution if you have been Botox trained
- Patient's chart
- Sterile mirror and explorer for each patient
- Ethyl Chloride spray bottle / Lidocaine 1% or 2% without preservative (preferred)
- All other materials will be supplied at the course

**Ordering Instructions for Frontline TMJ/Orofacial Pain Therapy Course**

- Botox may be purchased from Allergan, the makers of Botox, by opening an account with them. Allergan customer service can be reached at (800) 377-7790. Advise them you would like to open an account and you will be sent to the Customer Master program to begin the process.
Botox comes in vials of 50 and 100 units.

We suggest purchasing at least one vial of Botox 100 units – generally this is enough for 1 – 2 patients.

Please note when ordering Botox, you will purchase Botox, not Botox Cosmetic.

Botox will be delivered to you in a freeze pack. Store the Botox in the deepest part of a refrigerator and please remember to bring this to the course.

For Botox reconstitution, please order Sodium Chloride Injection .9% Bacteriostatic Solution, 1 package of 25 in 10 ml plastic vials - Henry Schein Order #104-6851.

Lidocaine 1% or 2% preservative free in 50 ml vials can be purchased from many suppliers. One supplier is Med-Vet International - www.shopmedvet.com; Order No. RXLIDO-PF30.

Ethyl Chloride Medium Spray Bottle – Henry Schein Order#761-9264

Generally, one 50 ml bottle of Lidocaine and Ethyl Chloride will be sufficient for this course.

**Tips for choosing a patient for the Frontline TMI, Headache and Orofacial Pain Therapy Training course:**

- Patients who have head, neck, and facial pain, TMJ syndrome, headaches, migraine, masseter, temporalis and any facial muscle hypertrophy, bruxism and clenching are welcome as patients.
- Please advise your patients that it is recommended for them to wear loose fitting clothing for the hands-on portion of the course as assessments and injections occur in the head and neck region. As the attendee, if you plan on volunteering as a patient, it is recommended for you to wear loose fitting clothing as well.
- Patients with neuralgias will not be treated at this frontline facial pain course.
- The patient should not be needle phobic.
- The patient should be easy to anesthetize and be able to tolerate local anesthesia.
- Patients must be in good health with no active skin infections in the areas to be treated.
- Patients with neurological, autoimmune, long term systemic diseases and immunological diseases are not candidates for treatment at this course and will not be treated.
- Patients who bruise easily because of medications or other disease processes are not good candidates for this course.
• The patient should not have any important life events coming up within two weeks of treatment. The patient may have some bruising after treatment.

• If you are unsure about whether a patient’s medical condition is a contraindication to trigger point, botulinum toxin and/or dermal filler therapy, please check with their physician prior to treating them at a course.

Please review and share the following list of pre-operative instructions with each of your patients.

**Botulinum Toxin Pre-Treatment Instructions:**

In an ideal situation, it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result and/or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

• Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood which will increase the risk of bruising.

• Avoid anti-inflammatory or blood thinning medications ideally, for a period of two weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John’s Wart, Ibuprofen, Motrin, Advil, Aleve, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.

• Schedule Botulinum Toxin appointment at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

**California Guidelines**

• California dentists may use pharmacological agents such as Botox and dermal fillers only in conjunction with a bona fide dental treatment plan in accordance with Business and Professions Code section 1625 and that any cosmetic benefit from the use of such agents is incidental to the therapeutic use of those agents.

• All hands-on training involving Botox procedures on live patients must be performed in conjunction with a bona fide dental treatment plan in accordance with Business and Professions Code section 1625.
• At the course, attendees shall be required to provide written confirmation to AAFE that they have performed an appropriate dental examination and history on the patient and that the Botox procedure is part of a bona fide dental treatment plan in accordance with Business and Professions Code section 1625.

• The AAFE will have all the necessary health history, diagnosis, and treatment forms at the course in order to comply with the above requirements.

• Attendees will need to bring Botox to the course for patient treatment – please see above for ordering instructions.

• Attendees must be licensed in California to treat patients.

  • Every patient must sign an informed consent prior to treatment. Consents will be provided at each course and there will be no exceptions. We have the right to refuse treatment to any patient.

If you have any questions about your patient, please email Dr. Malcmacher at DrLouis@FacialEsthetics.org.

**IMPORTANT: Cancellation Policy**

Registration is fully refundable only if course is cancelled by The American Academy of Facial Esthetics. We reserve the right to cancel a course for any reason and cannot be responsible for hotel deposits or non-refundable airline tickets or other associated fees. Hotel locations may change depending on circumstances beyond our control. No refunds for online courses. We take no responsibility regarding state medical or dental board requirements. Participants are responsible for determining whether they are able to perform these procedures at our courses and in their own practices. We are not responsible for decisions or changes made by state medical/dental board about their state practice acts prior to our courses. Registration is also fully refundable no later than 5 PM same date one month before course minus $775 handling fee. No refunds after same date one month before the first course that you registered for. At our discretion, you may be able to change to another date and location but there will be no refund available should you cancel out of that course or fail to show up.
Reservation Form for
Frontline TMJ, Headache and Orofacial Pain Therapy Course

Please be sure to read all pre-course information prior to completing this form.

Name as you would like it to appear on your certificate: __________________________

Course Dates and City Location________________________________________________

Attending Team Members
In order to attend as a team member, your guests must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.

Please note Team Member info only- Patients do not need to be reported.

1. __________________________Frontline TMJ

2. __________________________Frontline TMJ

**We accept cash and credit cards only**

Please fax or email this form along with license and malpractice insurance.

FAX # 216-395-0110 or 216-672-5230

Email: Lindsay@FacialEsthetics.org